



XFT-320A Electrical Stimulator



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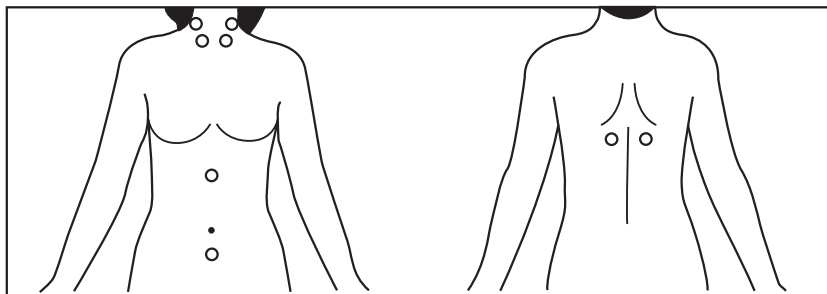
<http://www.globalsources.com/xft.co>



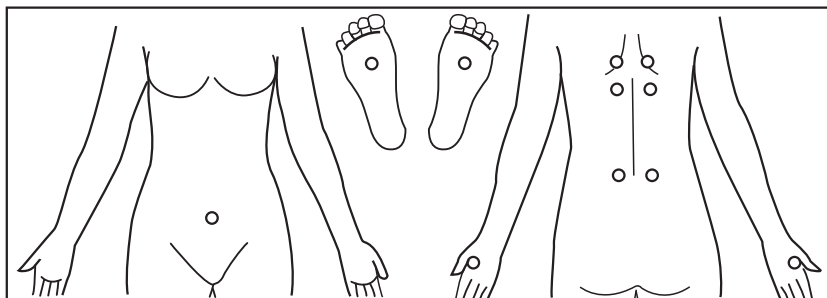
*Technology upgrades
our life*

Massage Points For Reference

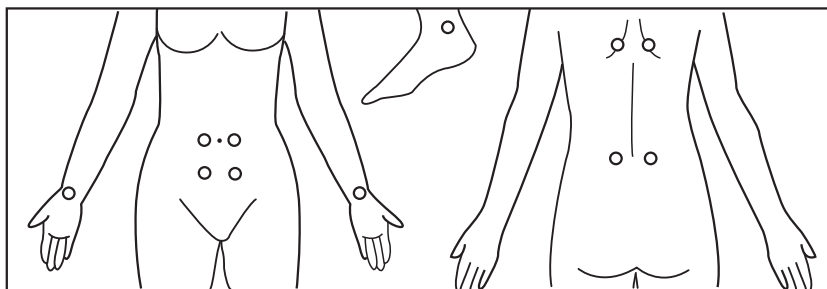
Continual hiccuping



High blood pressure



Low blood pressure



Congratulations

Congratulations on your purchase of *XFT-320 Electrical Stimulator*. This device is specially designed to provide an enjoyable relaxing massage while you are at home, in office or on a trip.

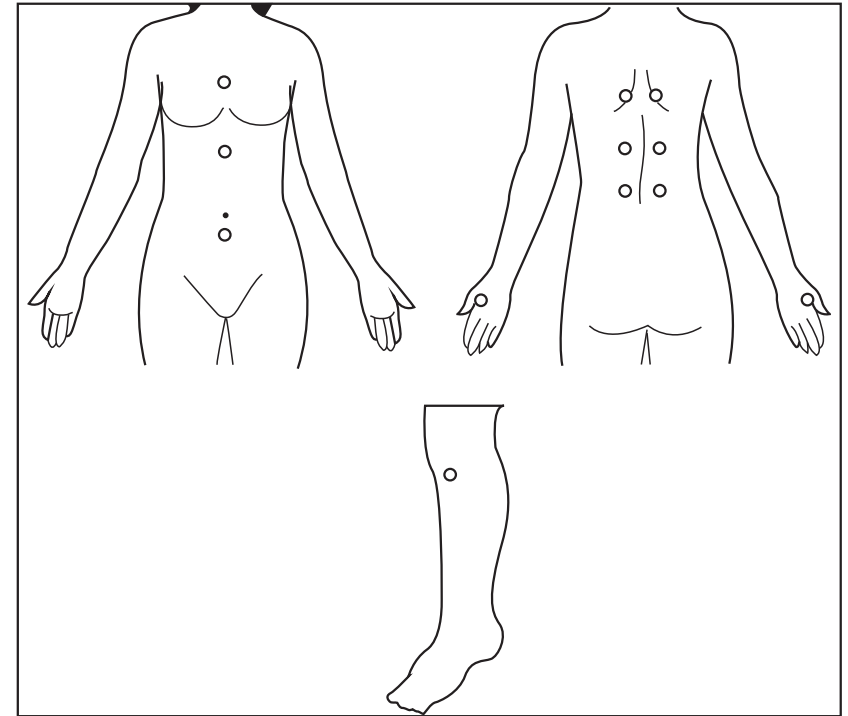
Massage is a very important therapy in traditional Chinese medicine. It has been created and developed by Chinese for centuries in their fight against muscular injury and aseptic inflammation. In order to turn this traditional therapy into an easy way of self-treatment, a team of scientists specialized in Acupuncture and Meridian System started a program to develop this bio-electricity simulating massage device.

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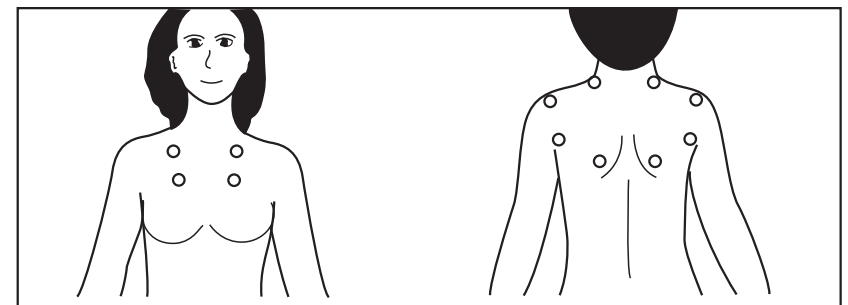
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Massage Points For Reference

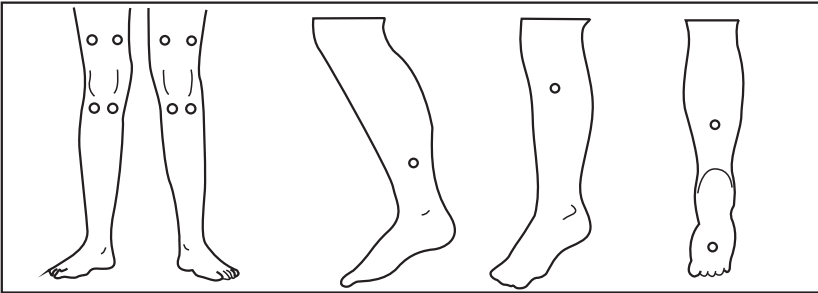
Drunk



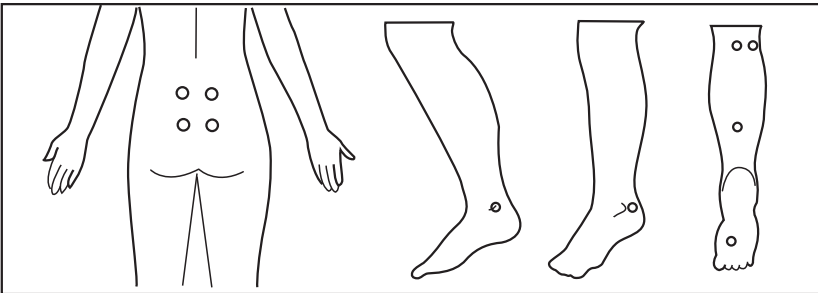
Pain in shoulders and upper arms



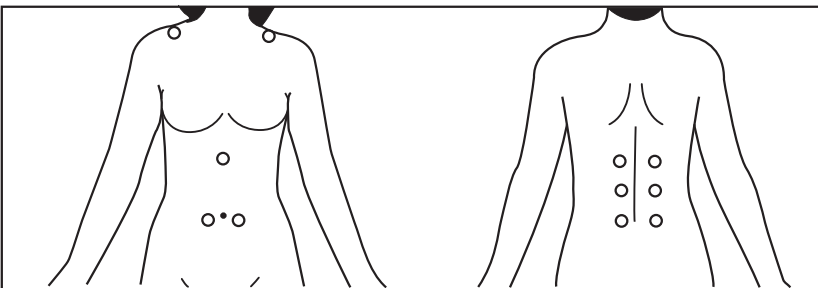
Pain in knees



Spasm in calf



Lack of appetite



1. Important Safety Information

- Read the manual thoroughly before using the product.
- Those under doctor's care or are experiencing one or more of the following problems should consult their doctors before use:
 - (A) receiving medical treatments or are feeling ill;
 - (B) any acute symptoms;
 - (C) malignant tumors;
 - (D) heart diseases;
 - (E) pregnancy;
 - (F) implanted metal devices;
 - (G) epilepsy;
 - (H) multiple sclerosis;
 - (I) skin disorders;

! Warning

- Please stop using it and consult your physician when unpleasant feeling occurs in the use.
- Please do not apply the device in your mouth, over the head, heart or on any damaged skin areas.
- Please shift all controls to the off positions before adjusting the positions of the massage pads.
- Please do not put the massage pads on necklaces, rings or any other conductive metals.
- Please contact the franchisers or the authorized service centers when any malfunction happens.
- Do not stick the electrodes for each other.
- Do not touch the adhesive side of massage pads with hands.
- Turn off the device when it is not in use.

! Warning

Cautions With The Acupuncture Pen.

- Please do not apply it to your eyes.
- Please do not put it on the necklace, rings, watches or any other conductive metals when in use.
- Please do not use while bathing or in a shower.
- Close supervision is necessary when this device is used by, on, or Near Children, or disabled persons.

2. Introduction

2.1 XFT-320 Basics

● Low Electromagnetic wave physiotherapy

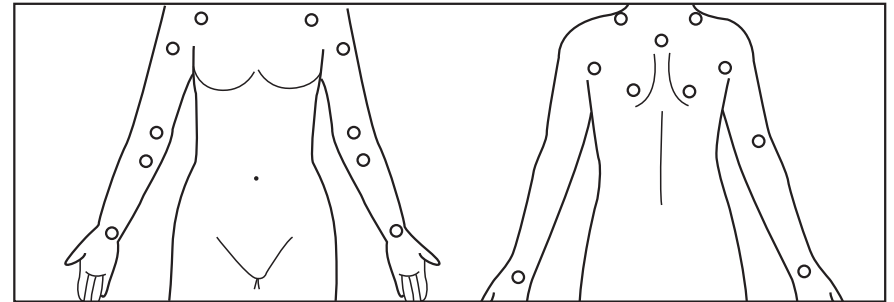
Human body generates very weak electricity that is not easily recognized. However it very sensitively responds to external electric stimulation. Electric treatment is to use this character to treat illnesses, pains and many other problems. Accordingly, if the low frequency waves are made to flow properly through the adjustment of strength and speed, they generate very rhythmical and smooth stimulating effects. Smooth stimulation by low frequency waves Creates massage effects, such as tapping, pressing, rubbing and Kneading .

● XFT-320

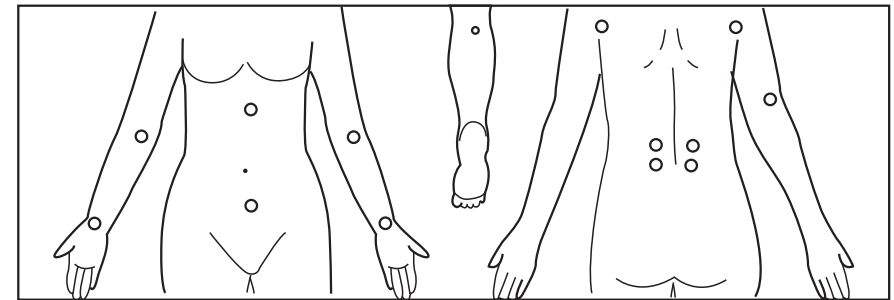
-----Electrical Stimulator

1. XFT-320 adopts digital control system, it does not give any Uncomfortable feeling, such as stinging or prickling.
2. Its usage mode, body part, speed and time control are very well combined to make it convenient for being used.
3. It allows users to select 7 different types of modes and speeds and even to make changes while in use.
4. It maximizes effect through installation of four different kinds of automatic programs to be applied to symptoms or affected parts of the body
5. If the adhesive pad is not attached properly, it is automatically turned off for safety considerations.
6. It will be automatically shut off in 15 minutes if the device is not in use in order to prevent batteries from being used unnecessarily.

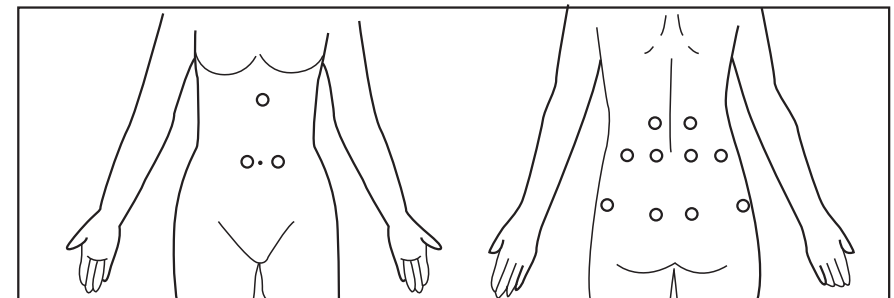
Pain in arms



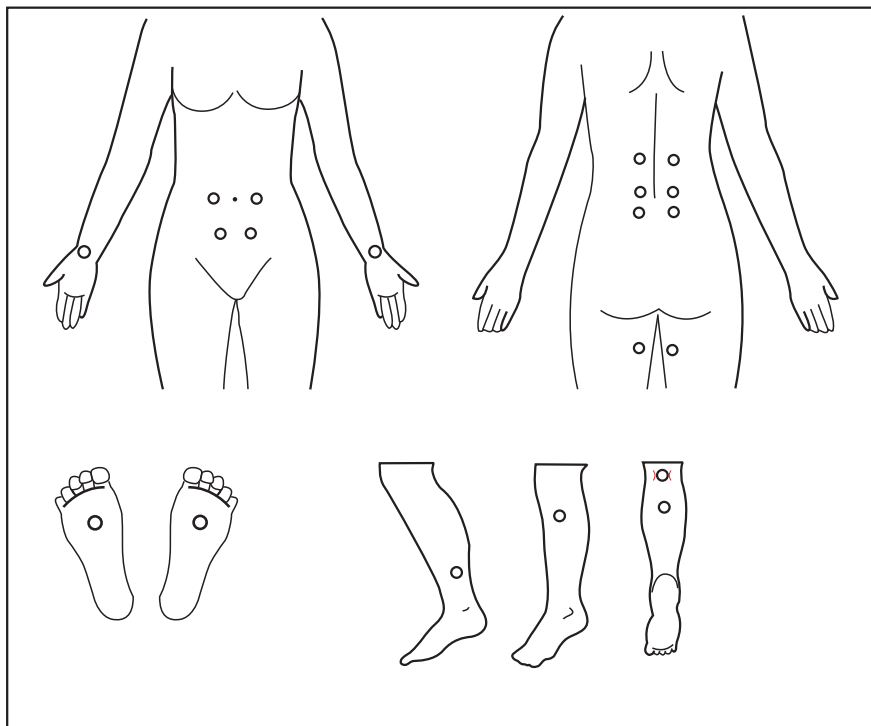
Chronic arthritis; Rheumatism



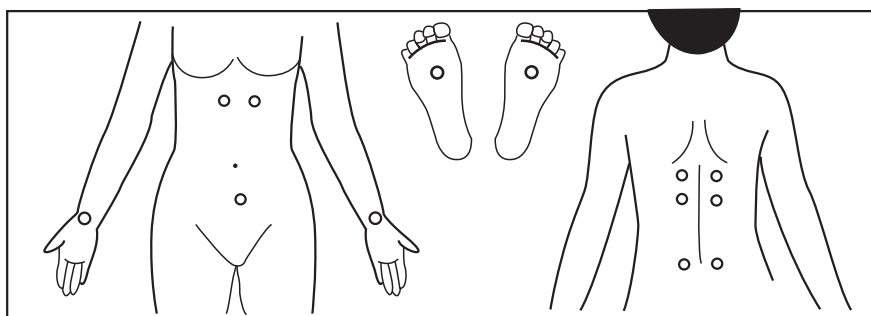
Pain in waist



Nerveless waist and legs



Insomnia



2.2 Functions & Benefits

1. Special Functions:

- **Relieve the pain in shoulders, back, waist and other parts of your Body.**
- **Soothe anaesthetization and reduce fatigue**
- **Beautify the skin:**
 - Restore the flexibility of skin
 - Improve blood circulation
 - Nourish the skin
- **Exercise the muscles:**
 - Relieve muscle pain
 - Increase fiber contraction

2. Features of Acupuncture Pen:

- **Ease neuralgia, muscle stiffness and spasm.**
- **Improve blood circulation and promote metabolism.**
- **Easy to use.**

- **Enjoy the pleasure with XFT-320!**

Well-being on the Go !

The massager and the acupuncture pen can be put in your pockets. It can be used any time, even when you are traveling.



2.3 Tips on Massage

1. For Pads Massage:

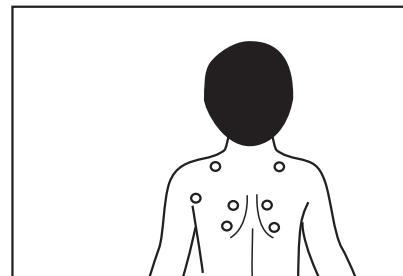
- Pads massage should last 15 minutes or less on any one particular part of the body each session. Treatment may be applied twice or three times each day as desired.
- It is not recommended to use the massager within 30 minutes after meal or within 5 minutes after shower or bath.
- Place the massage pads on the desired areas of the body.
- Always attach two pads on the desired area, but do not overlap them.

2. For Acupuncture Pen:

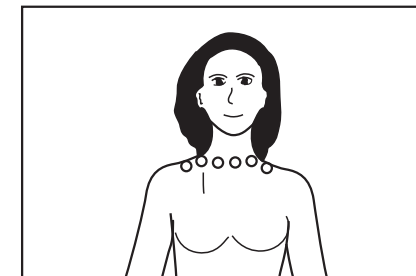
- Apply the massage Gel to the selected point(s) before massaging. **DO NOT** replace the Gel with any other cream or oil.
- Acupuncture pen should be vertically applied to the skin. The needle head should be pointed to the point properly in order to achieve the maximal effect.
- It is strongly suggested to take a 5-second break after every 5-minute massage on one particular point. Treatment may last 15 minutes to 30 minutes, 2 to 3 times each day.
- The strength of massage is adjustable, ranging from level 1(weakest) to level 10(strongest).
- If you don't wipe the massage Gel after use, it will be absorbed by the skin gradually. There's no side effect at all.

2. Acupuncture Pen

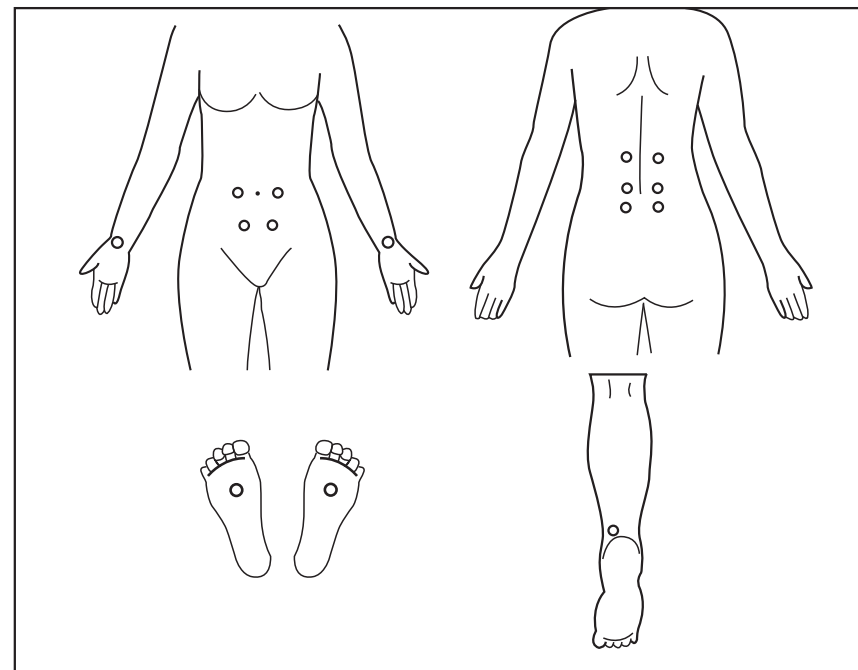
Pain in shoulders

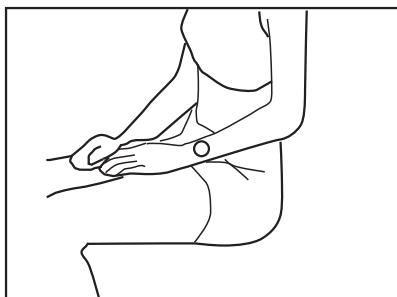


Stiff neck

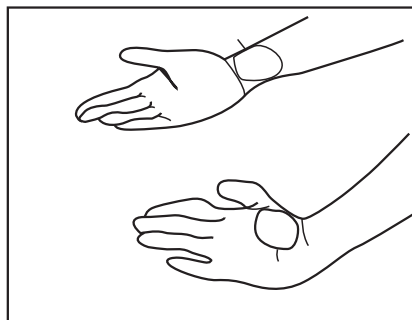


Fatigue(kidney failure)

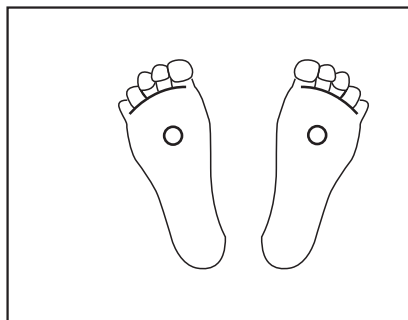




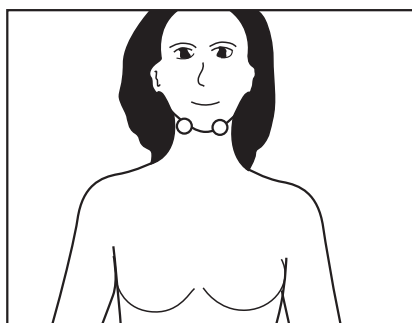
Pain in arms



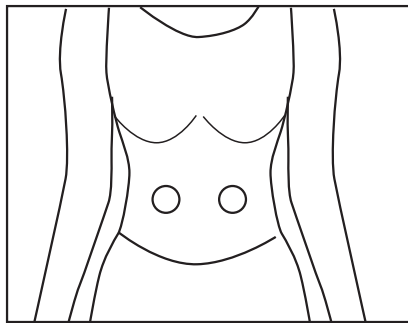
High blood pressure



Low blood pressure



High blood pressure

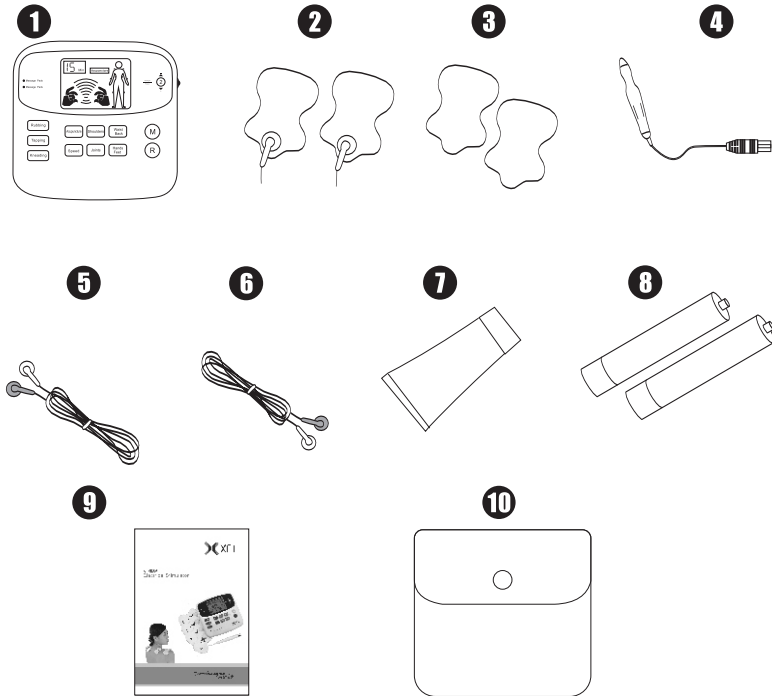


Low blood pressure

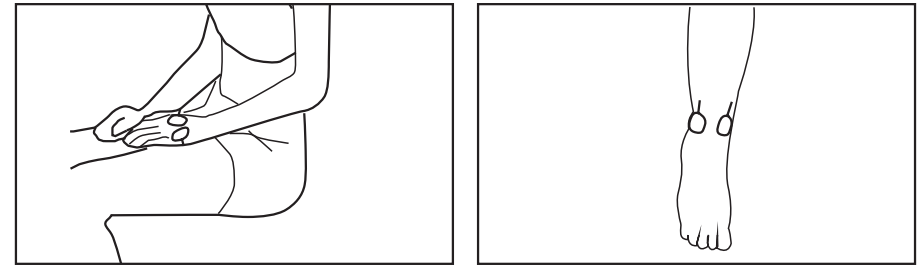
3. Specifications

NAME	Electrical Stimulator
Model No.	XFT-320
Power Supply	DC3.0V(AAA/ 1.5V*2)
Output Frequency	1-300Hz
Temperature	0---40
Pad Life	30---50 times
Battery Life	2---3 months (30minutes/day)
Size	L130*W26*H123(mm)
Net Weight	200g
Parts	MESSAGE PAD (2 pairs) ELECTRODE WIRE (2 pcs) ACUPUNCTURE PEN (1 pcs) MESSAGE GEL (1 pcs) BATTERY (1 pair) MANUAL (1 pcs) PAD HOUSING (2 pcs) BAG (Optional)

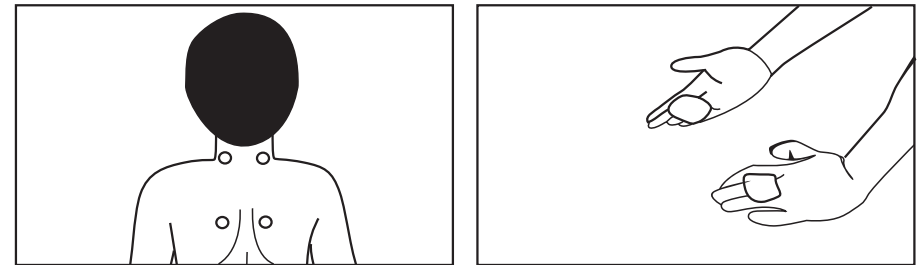
4. Components



- 1** MAIN BODY
- 2** THERAPY PAD
- 3** PAD HOUSING
- 4** ACUPUNCTURE PEN
- 5** ELECTRODE WIRE 1
- 6** ELECTRODE WIRE 2
- 7** THERAPY GEL
- 8** BATTERY
- 9** MANUAL
- 10** BAG (Optional)

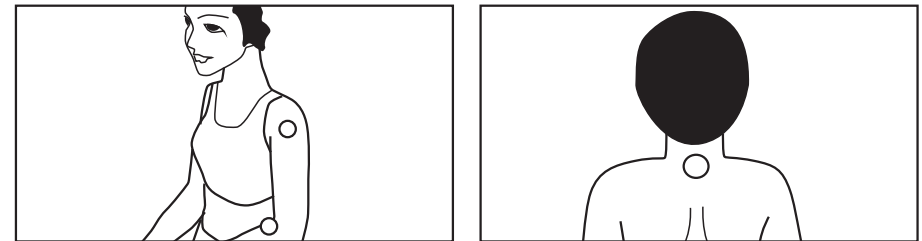


Contusion

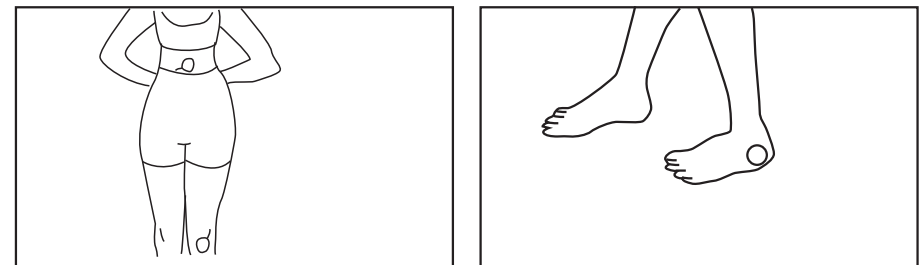


Inflammation of the shoulders

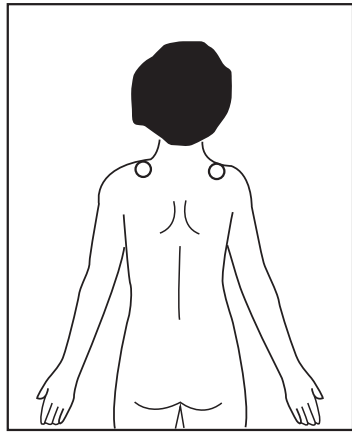
Rheumatism



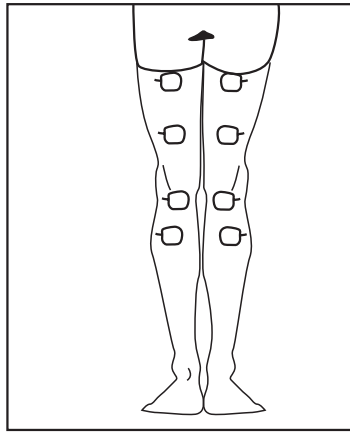
Apoplexy (For upper part of body)



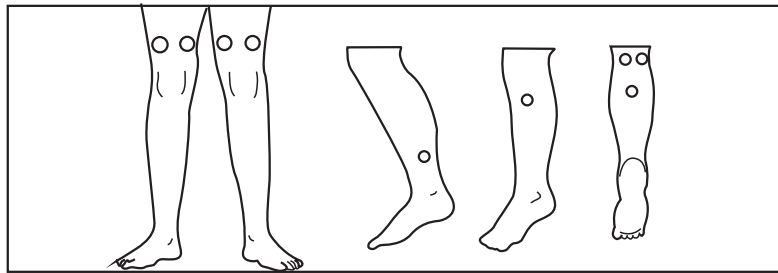
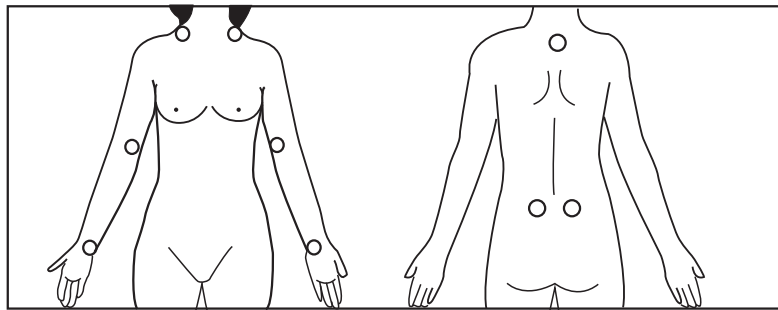
Apoplexy (For lower part of body)



Shoulder pain & backache



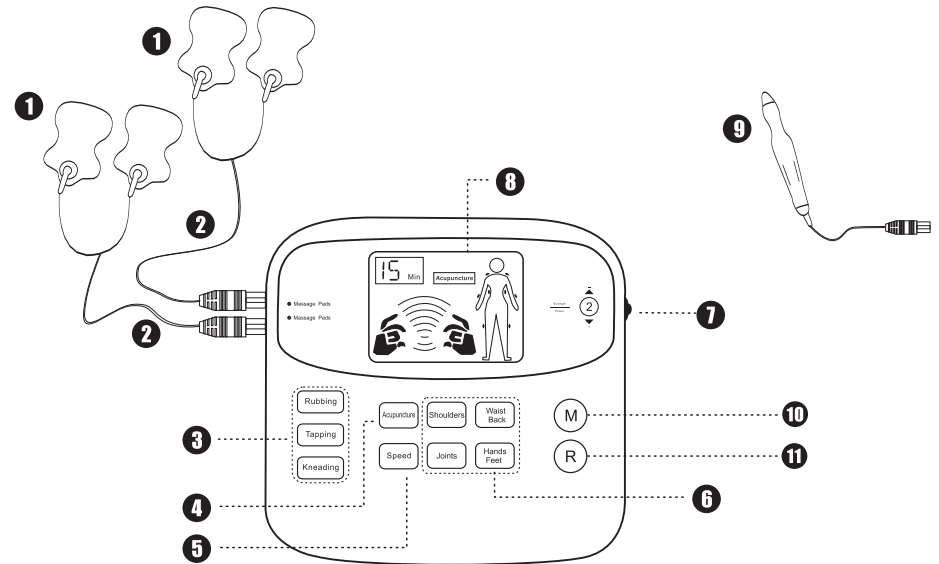
Spasm



Pain in joints

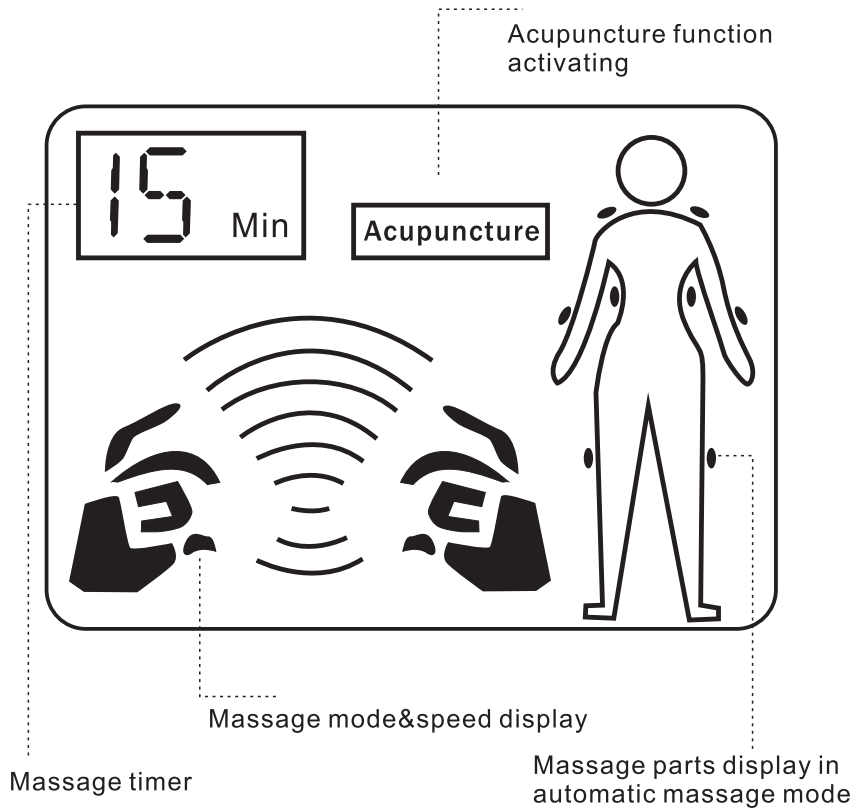
5. Illustrations

5.1 Function Illustrations



- 1** Massage Pad
- 2** Electrode Wire
- 3** Massage Mode
- 4** Acupuncture Pen Activator
- 5** Speed Control
- 6** Automatic Massage
- 7** Power/Strength
- 8** LCD Display
- 9** Acupuncture Pen
- 10** Moderate
- 11** Repeat

5.2 LCD Display Illustrations

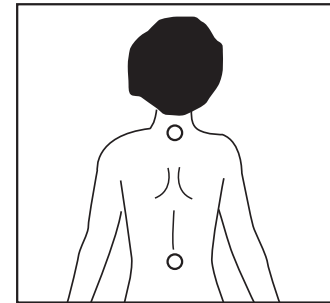


LCD Display
Easy to see; Convenient to adjust

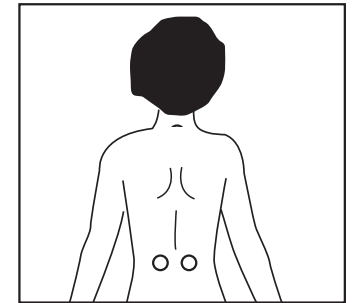
Massage Points For Reference.

In traditional Chinese medicine theory, the reflex points of human body maintain very intimate relations with the lung, liver, kidney, nerves, etc. For hundreds of years, they have been used for curing ailments and pains with excellent effects. Comparing with any other therapeutics, low frequency massage is more effective and more convenient. Please follow the pictures and put the pads or acupuncture pen on the corresponding parts of body for massage.

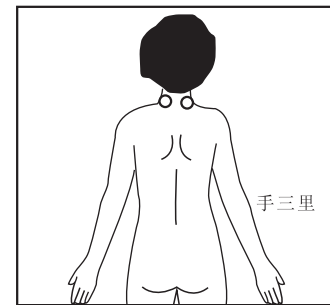
1. Massage Pads:



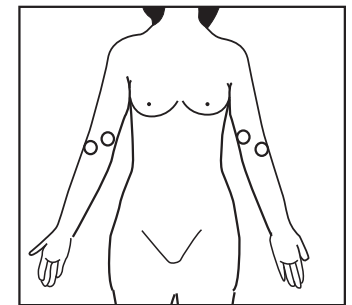
Lumbago



Lumbago



Headache



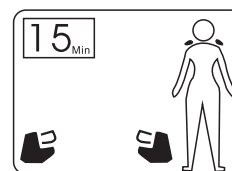
arm pain, nerve pain, anaesthesia

7. Trouble Shooting

Problems	Possible Causes	Solutions
No pulse	Loose contact	A tighter attachment
Weak pulse	Incorrect electrode wire connection	Check and reconnect the electrode wire with the main body
	Low intensity	Increase the intensity by turning the dial switch clock-wise
	Low battery capacity	Battery replacement
LCD not function properly	False battery installation	Follow the instruction for a polarity check
	No battery installed	Insert batteries
A red skin after use	Over use	Reduce to 10-15 minutes
	Loose attachment of the massage pad on the skin	A tighter attachment
	A damaged, polluted or dried pad	Replacement or water cleaning

5.3 Mode Illustrations

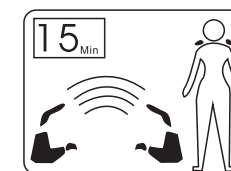
● Automatic modes:



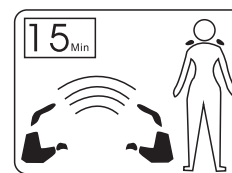
Tapping on the shoulders



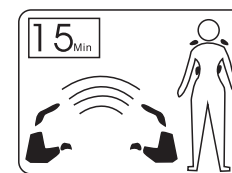
Rubbing on the shoulders



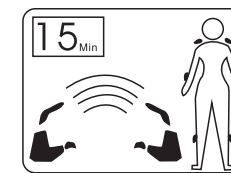
Kneading on the shoulders



Mode for shoulders

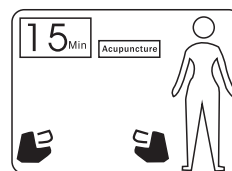


Mode for waist & back

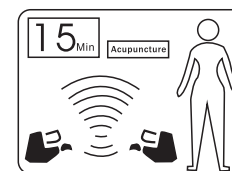


Mode for arms & legs

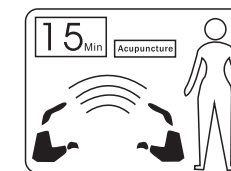
● Non-automatic modes:



Tapping



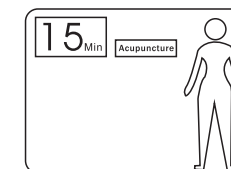
Rubbing



Kneading

● Acupuncture mode:

During the process of acupuncture.

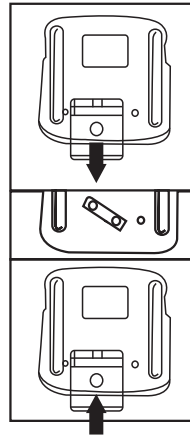


6. Operating Instructions

6.1 Pre-Operation:

1. Battery Installation

- Move the cover smoothly to open the battery compartment.
- Insert two AAA batteries into the compartment following the polarity directions marked on the shell.
- Close the cover once the batteries are in place.



► Please Note:

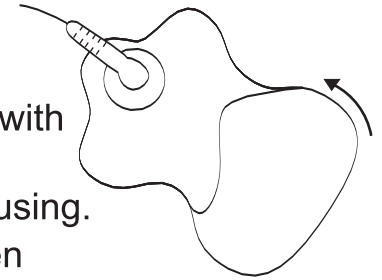
- Remove the batteries and store the massager in the bag if they are Not used for a long time.
- Do not mix new batteries with used ones for using.
- Ensure the batteries are DC3.0V(AAA/ 1.5V*2).
- Turn all controls to the off position and power off the massager before removing batteries.

2. Use of Massage Pads

- The sweat, cream and dirt must be wiped off from the areas of the body Where pads are attached.
- Pads should be attached on the skin firmly. Touching the pads with fingers Should also be avoided.

6.4 After-Operation

- Turn off the power after use.
- Disconnect the massage pads with electrode wires.
- Stick the pads onto the pad housing.
- Disconnect the acupuncture pen with the main body.
- Maintenance & Care:



⊙ Main Body:

- Do not clean the Massage main body with wet cloth or water.
- Do not put the massager near to TV, hifi equipment, icebox or other electric home appliances.
- Do not expose the massager directly to the sunshine, high temperature and high humidity environment
- Store the massager in a safe place to avoid damage.

⊙ Massage Pads:

- Keep the massage pads clean and always put them back to the pad housing after use. Use water to clean the massage pads if needed.
- When the massage pads become less adhesive, a few drops of clean water can be used to moisturize the pads.
- Depending on frequency of use, the pads can last from one month to several months (usually 30---50 times).
- When the massage pads lose their adhesiveness, extra massage pads can be ordered from the franchisers or the authorized service centers.

• Shoulders

- Fast & slow tapping improve your blood circulation; Relieve the fatigue and muscle stiffness.

• Joints

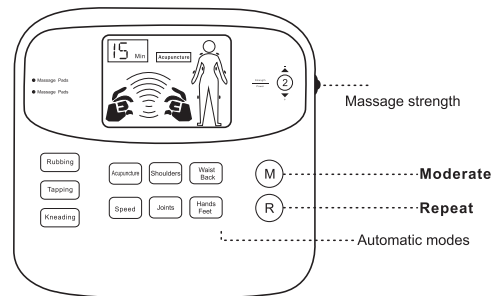
- Soft & deep kneading relieve the pain and spasm.

• Waist & Back

- Slow kneading & effective tapping relieve the pain in the waist; Relax the body.

• Hands & Feet

- Rhythmical tapping helps you refresh the muscles and sculpt your arms and legs.



4. The massager will go off 10 seconds if the pads are removed or fall off from the body.

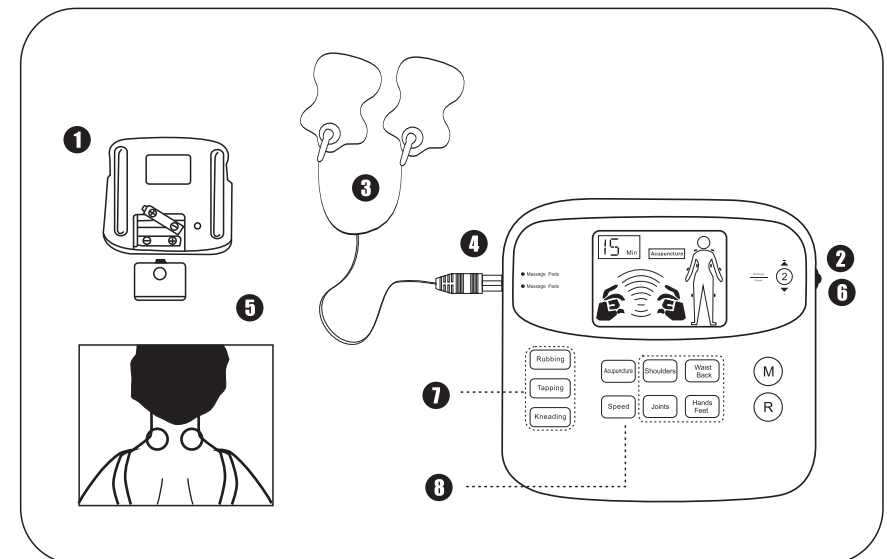
▲ small tips:

1. You may keep pressing 'moderate' button when the massage strength is undesirably strong. The strength returns once stop pressing.
2. 'Repeat' button can be used when you want to keep on a specific massage technique. Press again the 'Repeat' button can continue the presetted massage programs.

6.2 Setup:

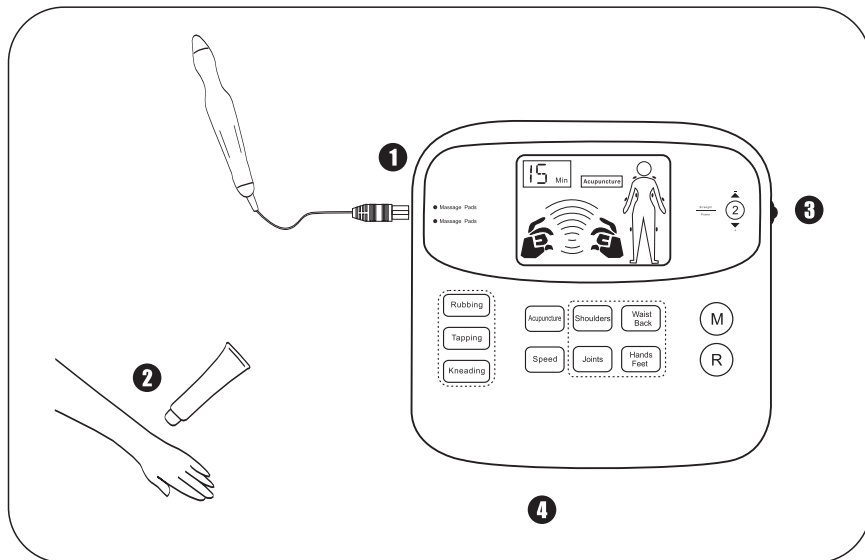
1. Massage Pads:

- ① Insert the batteries;
- ② Turn the dial switch clock-wise to strength level 1;
- ③ Connect the massage pads with the electrode wire;
- ④ Insert the electrode wire into the outgoing hole of the main body;
- ⑤ Stick the Massage pads onto your desired parts of body;
- ⑥ Adjust the massage strength;
- ⑦ Select the suitable mode(s);
- ⑧ Choose the most comfortable massage speed.



2. Acupuncture Pen:

- ① Connect the acupuncture pen electrode wire with the outgoing hole of the main body;
- ② Apply adequate massage Gel to the selected point(s) of the body;
- ③ Turn the dial switch clock-wise to strength level 1;
- ④ Press 'Acupuncture' button, the LCD displays 'Acupuncture'. The other functions are not available in this mode. Gradually increase the strength to an appropriate level after applying the acupuncture pen to the point(s) of the body for treatment.



6.3 Massage Adjustment

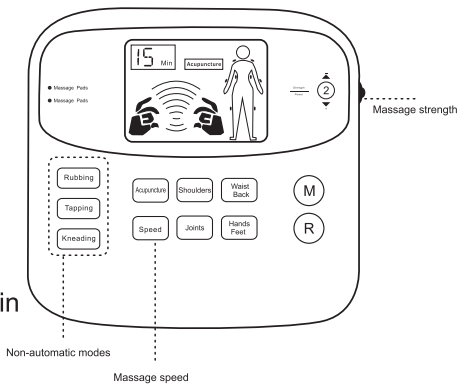
1. Turn the switch to strength level 1 or 2.

▲ Please note:

- Ensure the batteries are installed.
- Ensure massage pads have been attached on the desired Point(s) before adjustment.
- The 'tapping' mode is the default mode after power on.

2. Adjust the massage modes.

- Tapping
- Soft & strong in turn
- Pressing
- Fast & slow
- Improve blood circulation
- Kneading
- Fast & slow
- Ease neuralgia and muscle pain



3. Automatic Massage

There are four preprogrammed exercise modes, designed for some specific areas of the body. You can easily turn on the device and press relevant buttons to enjoy the pleasant feeling that the device brings.